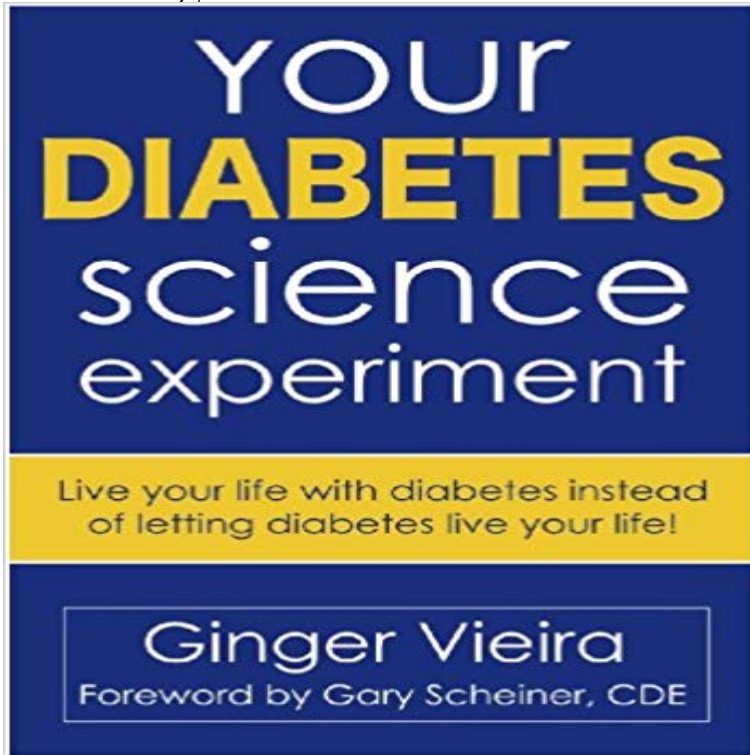


Your Diabetes Science Experiment: Live Your Life with Diabetes Instead of Letting Diabetes Live Your Life



With a forward by Gary Scheiner, MS. CDE. Written by Ginger Vieira, a Type 1 diabetic and record-setting competitive powerlifter, this is a book for people with Type 1, Type 1.5 and Type 2 diabetes who want to gain a deeper understanding of how the basic science of the human body impacts your blood sugar levels and your insulin needs. Your Diabetes Science Experiment will explain the science behind the most common reasons for your mystery high blood sugars and unexpected low blood sugars. From there, each Science Experiment helps you focus on one specific part of your diabetes management at a time, so you can make adjustments in your insulin dosing and your nutrition to prevent those unwanted fluctuations in your blood sugar from happening as often!

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Getting the insulin we need to live is a problem for people with type 1 diabetes all I would feel going even 6 hours without insulin let alone several days. Eating with Diabetes & Your Diabetes Science Experiment.