

Confidently Be is a personal development/motivational self-help book whose primary goal is to communicate to readers how to effectively deal with problems and behaviors that tend to result in failure or frustration. This book contains a brief discussion of forty common life topics addressing a variety of issues that causes defeat, upset or stress. The topics are designed to engage and empower people to take action towards being confident in themselves, their gifts, their passions and their lives. Confidently Be also reminds readers that they matter and they should never give up on themselves or their dreams. Too often people look at their mistakes and focus too much on the errors and lack. They beat themselves up and call it failure before beginning; they talk themselves out of it before even giving it a real chance and wonder why their dreams and goals never even make it off the ground. Most people are negative and tend to criticize or discourage other people's dreams. Confidently Be shows readers positivity and strength by building them up, informing and guiding them towards a better outcome. This book provides readers with positive energy, soulful points and familiar life topics that directs them to find balance, become confident in themselves and become the inspiration others may need to take steps toward being their best self.

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