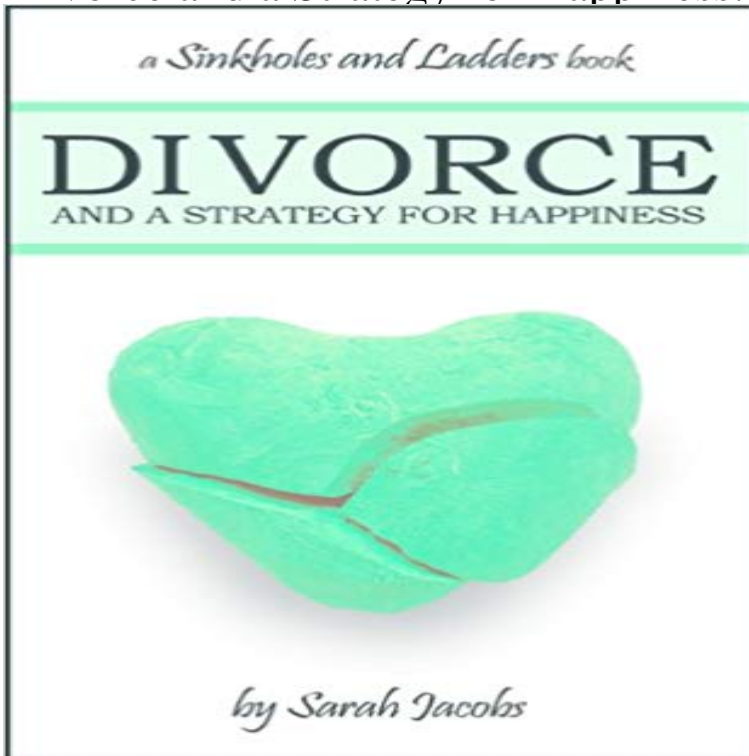


## Divorce and a Strategy for Happiness: A Sinkholes and Ladders Book



Sarah Jacobs was forty-seven when her marriage suddenly ended without warning, forcing her to rebuild her personal, financial, and spiritual life from scratch. Until that horrible day, she solely envisioned herself as a traditional spouse, mother, and homemaker. Thrust out upon her own, she ventured forth, facing challenges she never dreamed of, including her first foray into the modern workforce world, the search for a place to live, and her new (albeit, unwelcome) identity as a single woman. Part memoir and part self-help guide, this book answers a sticky and often-avoided question: what happens when a devout Christian suddenly finds herself divorced? Divorce and a Strategy for Happiness is the tale from there to here: from the oblivious, happy-go-lucky marriage she loved and been a part of for nearly thirty years to the apartment she found herself in, a world away, rebuilding a new life alone. Can one reconcile traditional family values with the physical need to escape a toxic marriage? How does a middle-aged, unemployed woman make the reach from submissive homemaker to sole breadwinner? Is it possible to move on, and even thrive? What Jacobs learned was that even God's most difficult instructions do work out to the good of His children, and that being single, whether she wanted to be or not, could also be a blessing. She found strains of hidden strength underneath all the sadness. She discovered true peace. She learned to start again. Now, she shares her insight, tips, and advice to readers facing their own unexpected divorce, with the proven promise that a new and even better life is possible, if only you reach for the rungs and never stop climbing.

**ABOUT THE AUTHOR:** Sarah Jacobs lives near Nashville, Tennessee, and is a member of her local writers group, mother of twin sons, grandmother of three, mentor in the local DivorceCare program, and active

member of the ladies ministry in her church. Sarah is also a member of the Association of Craft Artists in her state, a licensed insurance agent, President/CEO of her company, and a member of the National Association of Professional Women (NAPW). Her story has been featured in a national Christian womens magazine. Over the past several years, she has devoted her time to sharing her strategies for overcoming lifes challenges, and has made it her mission to help others overcome their own circumstances and learn to thrive rather than survive. Visit Sarah at

[www.sinkholesandladders.com](http://www.sinkholesandladders.com).WHAT

OTHERS ARE SAYING:We all hope that living a life of integrity, faith and goodness will assure us of nothing but happiness and peace. But the reality is that sometimes life offers us the unexpected. Divorce and a Strategy for Happiness is a personal story of devastation and the walk back through healing to hope and inspiration. ~ Dan Miller, author of 48 Days to the Work You Love Reading Divorce and a Strategy for Happiness is a great first step for anyone wanting to understand the anatomy of a broken relationship. This author provides the reader an up close and intimate glimpse of the breaking of a trust. Beyond the value of understanding the depth of the sinkhole, she also gives the reader a group of laddersthe way out. The ladders are an empowering how to plan for those wishing to lift themselves out of the sinkhole of a destructive relationship and onto the path of healing. ~ Larry Snow, Minister It is with the flavor and convincing detail of a fiction writer that Sarah Jacobs unfolds a story of innocence besmirched, hopes and expectations ripped to shreds, personal losses stripped bare before shocked observers, and, finally, the triumphant rout of negative forces and the restoration of serenity to life. But it is truth, not fiction, that this author uses to communicate an all-too-familiar malady of our agedivorce and the personal and social dissolution it brings. ~ Dr. Minta Sue Berry, author of fiction, nonfiction, and poetry

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