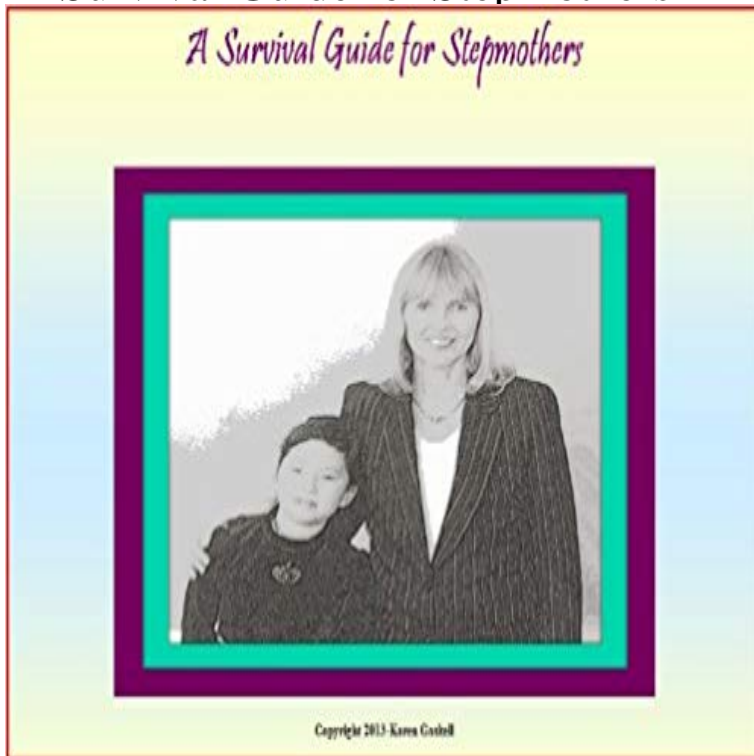


## A Survival Guide for Stepmothers



Becoming a stepmother can be anything but a day at the beach -- but that doesn't mean you're destined to drown in the muck and mud of rejection and despair. Many factors enter into the ease in which a blended family will mesh. The age of your stepchild and how cooperative an ex-spouse chooses to be can help or hinder your efforts to successfully establish a non-traditional family. A Survival Guide for Stepmothers submits that by following several tried and true guidelines you can make life in your new blended family flow more smoothly, avoid unnecessary angst and eventually live in harmony under one roof. Only the most credible references including the American Academy of Pediatrics, American Academy of Family Physicians, FamilyEducation.com and Stepfamily.org were referenced when compiling A Survival Guide for Stepmothers

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